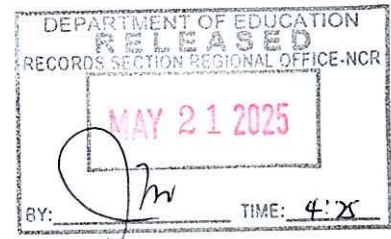




Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION



May 16, 2025

REGIONAL MEMORANDUM

No. 453, s. 2025


To: Schools Division Superintendents
SGOD and CID Chiefs
Division Sports Officers
RO Division Chiefs, Unit and Section Heads
All Others Concerned

**REPLACEMENT OF ARNIS SECONDARY GIRLS ATHLETE AND REGIONAL TWG
AS MEMBERS OF THE DEPED NCR ATHLETIC DELEGATION IN THE
2025 PALARONG PAMBANSA**

1. In relation to the staging of 2025 *Palarong Pambansa* from May 20-June 3, 2025, in Laoag City, Ilocos Norte, the Schools Divisions concerned are hereby informed of the following replacement in view of the reason stated in the attached letter:

Name of Student-Athlete	Replacement	Sports Event/ Committee
Eza A. Viray City of Mandaluyong Science High School	Stephany Meigne B. Gilles Lakeview Integrated School	Arnis Secondary Girls
Bayani Litusquen Pasay City	Alfonso Barte Valenzuela City	Security, Safety & Discipline

2. For information and guidance of all concerned.


JOCELYN DR ANDAYA
Regional Director, NCR
Concurrent Officer-In-Charge, Office of the
Assistant Secretary for Operations

Encl.:
As stated

/essd/joan/

Dear Ma'am/Sir,

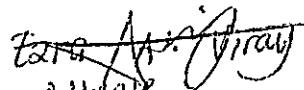
Good day!

I hope this letter finds you well. I am writing to inform you that my daughter, Ezra Viray, will no longer be able to continue her participation in the upcoming Palarong Pambansa.

After much consideration and in light of recent developments regarding her health conditions, we have decided that it is in her best interest to step back from the competition. While this was not an easy decision, we believe it is necessary for her overall well-being.

We truly appreciate all the time, training, and support you and the team have given her. Being part of the team has been an invaluable experience, and we are grateful for the opportunity.

Thank you for your understanding, and we hope for your continued guidance and support in the future.

Sincerely,
Dean A. Viray-
Mother

Athlete



9 de Febrero Family Clinic

558 Nueve de Febrero St., Pleasant Hills, Mandaluyong City, Philippines
nuevedefebrero_familyclinic@yahoo.com, (02) 8425-1600

MEDICAL CERTIFICATE

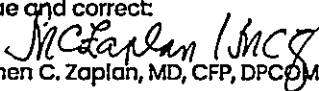
To whom It may concern:

This is to certify that Baby/ Mr/ Ms/ Mrs Ezra A. Viray, 16 years /Female of Block 38 Extension Barangay Addition Hills Mandaluyong City, PHL. was seen and examined on May 15, 2025 due to headache, dizziness, epigastric pain x 4 days, swollen left foot after her foot accidentally tripped last April 19, 2025 with the following diagnosis
GASTROESOPHAGEAL REFLUX DISEASE
ANKLE SPRAIN, LEFT

I therefore recommend said patient to take medications and unfit to play arms until further evaluation and management.

This certificate is issued upon the request of her mother for whatever purpose it may serve (excluding legal matters).

Certified true and correct:


Maria Carmen C. Zaplan, MD, CFP, DPCOM
License Number: 90734
PTR Number: 2846745
Date Issued: May 15, 2025

Do not accept if without seal.



MANDALUYONG CITY BRANCH

Units 101 & 102 Ground Floor The Boni Tower
602 Boni Avenue, Mandaluyong City
Tel. Nos.: 8708-4996 / 8697-9609

• (PHONE) 8708-423-7557 (Office Hours Only) Email: megasonclinic@gmail.com
Monday to Saturday (7 a.m. - 4 p.m.)

REFERRAL SLIP

Date: 5/15/25

Name of Patient: EZRA VIRAY

Age: 16 Sex: F Civil Status: _____

Request For: (Please check examination desired and specify)

- ☐ Ultrasound _____
☒ X-ray ankle AP-D (L)
☐ Laboratory _____
☐ ECG _____
☐ 2-D ECHO _____
☐ Others Ankle Sprain (L)

Clinical Impression: Inc

* RUSH RESULTS AVAILABLE:

Requested by: Maria Carmen Zaplan, MD, CFP, DPCO.
License No: 90734

(PLEASE SEE SKETCH / ATTACH BACK)



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Monday to Saturday (7 a.m. - 4 p.m.)

REFERRAL SLIP

Date: 5/15/25

Name of Patient: Ezra Viray

Age: 16 Sex: F Civil Status: _____

Request For: (Please check examination desired and specify)

- ☐ Ultrasound _____
☐ X-ray _____
☒ Laboratory Urinalysis
☐ ECG _____
☐ 2-D ECHO _____
☐ Others _____

Clinical Impression: Inc

* RUSH RESULTS AVAILABLE:

Requested by: ZAPLAN, MD

(PLEASE SEE SKETCH AT THE BACK)