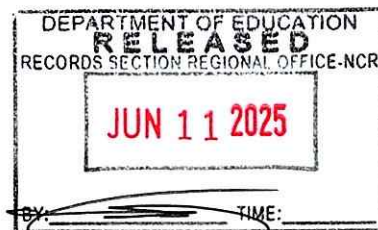




Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION



June 5, 2025

**REGIONAL MEMORANDUM**

No. 499, s. 2025

**To:** Schools Division Superintendent  
All Others Concerned

**PARTICIPATION TO THE TRAINING OF TRAINERS FOR THE IMPLEMENTATION OF  
HEALTHY LEARNING INSTITUTIONS**

1. In reference to the attached Letter of Invitation from Dr. Karen B. Fernandez, MMHEA, Department of Health — Metro Manila Center for Health Development (DOH-MMCHD) dated May 22, 2025, re: **Training of Trainers for the Implementation of Healthy Learning Institutions (HLI)**, scheduled for July 21-25, 2025 and July 28-August 1, 2025 in Cavite (venue details to follow), this aims to build a regional pool of trainers from the Schools Division Offices (SDOs) and the City-Wide Health System—City Health Offices to support HLI implementation across the region.

2. In this regard, the following health personnel are required to attend the activity based on the scheduled batches of training:

Schedule and Batch No.	Schools Division Office (SDO)	Name of Participant
Batch 1: July 21-25, 2025 (RO Personnel: Dr. Connie P. Gepanayao)	Caloocan	Dr. Carilyn Joan B. Corpuz Dr. Irene Ardon Anabel L. Oblipias
	Malabon	Dr. Rhea de Dios Dr. Donna Bagarino Rose Ann Cortez
	Navotas	Dr. Henry de Leon Harry Abalos Anna Grace Joy G. Onayan
	Pasig	Alexander N. Gunio Dr. Ederlina P. Legazpi Rhodora C. Elli
	Taguig and Pateros	Jeanette B. Urbana Ederlyn L. Cruz Luzel M. Delmonte
	Quezon City	Jayson Lim Karen Y. Belagan Dr. Dante D. Nacpil



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Schedule and Batch No.	Schools Division Office (SDO)	Name of Participant
Batch 2: July 28-August 1, 2025 (RO Personnel: Dr. Merlino M. Mateo)	Manila	Loreta M. Cruz Mary Rose Acosta Belinda Rivera
	Makati	Dr. Yc Pasion Lea A. Torio Thia Katrina R. Gania
	Mandaluyong	Dr. Susan C. Kalaw Baby Remedios S. Alcibar Ma. Arlene C. Cagalawan
	San Juan	Dr. Kirsten Ellinore Francisco Via May Popes Dulce Amor Macedonio
	Muntinlupa	Dr. Maricel R. Subida Marie M. Lavin Ana P. Mangussad
	Las Pinas	Dr. Christopher P. Tomas LevieRizza P. Eusebio Joan M. Espanto
	Pasay	Dr. Maria Recelle E. Reyes Caroline Gumayagay-Sarmiento Maria Cecille B. Cuntapay

- Further, participation of Dr. Adelaine P. Javate, Dentist II and OIC of the School Health and Nutrition Unit, along with one (1) additional representative from SDO Valenzuela, to serve as facilitators/resource persons, is requested.
- Participants are requested to accomplish the link [https://bit.ly/2025\\_TOT\\_HLIREgForm](https://bit.ly/2025_TOT_HLIREgForm) before July 11, 2025.
- For clarifications, kindly contact Mr. Reginald V. Santiago (0912-230-8649), Ms. Gena Rose D. Biado (0917-552-3673), or email [hpulhsd.dohnrcr@gmail.com](mailto:hpulhsd.dohnrcr@gmail.com).
- Immediate dissemination and compliance to this Memorandum is desired.

**JOCELYN DR ANDAYA**

Regional Director, NCR  
Concurrent Officer-In-Charge, Office  
of the Assistant Secretary for Operations





Republic of the Philippines  
**DEPARTMENT OF HEALTH**  
*Metro Manila Center for Health Development*



May 22, 2025

**DR. JOCELYN D.R. ANDAYA**

Regional Director  
Department of Education - National Capital Region  
Misamis St., Bago Bantay, Quezon City

Dear **Dir. Andaya**:

Pursuant to Republic Act No. 11223 or the Universal Health Care (UHC) Act, the Department of Health (DOH) developed the Health Promotion Framework Strategy (HPFS) to advance Healthy Communities, Healthy Learning Institutions (HLI), and Healthy Workplaces through enabling environments and institutionalized health promotion. The HLI program supports health-promoting school settings by integrating comprehensive health education, accessible health services, staff wellness, nutrition and food safety, physical activity, mental health, and community outreach.

In support of this, we respectfully request the following for the **Training of Trainers for the Implementation of Healthy Learning Institutions**, scheduled on **July 21–25, 2025** and **July 28–August 1, 2025** in **Cavite** (venue details to follow):

- A brief message of support from your office to be delivered during the opening program of the activity, which we believe would greatly inspire and reinforce the importance of intersectoral collaboration in promoting health in schools;
- Endorsement of **Dr. Connie P. Gepanayao**, Medical Officer IV;
- Endorsement of **three (3) representatives** each from all Schools Division Office (SDOs) in **Metro Manila**, except Valenzuela, Marikina, and Parañaque; and
- Endorsement of **Dr. Adelaine P. Javate**, Dentist II and OIC of the School Health and Nutrition Unit, along with **one (1) additional representative** from SDO Valenzuela, as facilitators/resource persons

This activity aims to build a regional pool of trainers from the SDOs and the City-Wide Health System-City Health Offices to support HLI implementation across the National Capital Region. Kindly confirm participation by **July 11, 2025** through this link:

[https://bit.ly/2025\\_TOT\\_HLI\\_RegForm](https://bit.ly/2025_TOT_HLI_RegForm).

For inquiries, please contact Mr. Reginald V. Santiago (0912-230-8649), Ms. Gena Rose D. Biado (0917-552-3673), or email [hpulhsd.dohncr@gmail.com](mailto:hpulhsd.dohncr@gmail.com).

We appreciate your continued support and collaboration in promoting health in our schools.

Sincerely,

**KAREN B. FERNANDEZ, MD, MMHEA**  
Officer-In-Charge